

FOR PARENTS!

FRIDAY
MARCH 17, 2023
(in the library)

9:00AM

LET'S TALK NUTRITION!

Ms. Kristen Shores

Registered Dietitian

Baptist Health

Weight & Nutrition Center



10:00AM

UNDERSTANDING CREDIT

Mr. Jonathan Stevens

Community and Business

Relationship Manager,

SVP/Business Development

ARVEST

- What makes up your credit score?
- What is your credit score used for?
- What affects your credit score?



11:00AM

**SOCIAL - EMOTIONAL
LEARNING**

Mr. Kim Williams

Guidance Counseling Dept.

Chair - LRCH

Self-Awareness

Self-Management

Relationship Skills

**Responsible Decision-
Making**

