

# DAILY BULLETIN

www.lrcentralhigh.net  
Tuesday, March 15, 2022  
"B Day"

**TIGER HEALTH TIP – Incorporate some physical activity in your daily routine.**

## Daily News

- The Student Wellness Advocacy Group will sponsor "Spring into Good Health" on March 16, 2022. Come stop by our table on the senior patio to participate in Jumping for Heart Health and gain information about other healthy habits. Prizes will be awarded to the student with the most jumps.
- LRCH Ultimate Frisbee Club is hosting their second Ultimate Saturday on March 26th from 12pm-2pm at the Fellowship Bible Church fields. This is a chance for anyone to come out and enjoy a little exercise and camaraderie while learning more about the game of ultimate. If there are enough students, we will play a full game, but even with smaller numbers we have fun and play Frisbee games! Stop by room 107 to pick up the mandatory Guardian Consent Form and join our Remind @lrchult to learn more!
- Free Prom Dress Event! Saturday, March 19, 2022 from 9:00 am to 6:00 pm at McMath Library located at 2100 John Barrow Road Little Rock. Shop new and gently used dresses, shoes, jewelry and accessories. For more information, contact Tracey at 501 225-0066 or teatmon@cals.org.
- **Attention Seniors and Juniors** Interested in attending the U of A in Fayetteville! On Monday, March 28th @ 9:30 the Interim Chancellor of the University of Arkansas at Fayetteville, Dr. Charles Robinson, will be at Central High's Media Center to meet with current seniors and juniors who are strongly interested in attending the U of A. This event is limited to only the first 40 students to sign up. The University of Arkansas admission team, as well as faculty from the Honors College will also be in attendance. This event is for any seniors who have been accepted to the U of A but are still undecided or any current juniors who have a strong desire to attend U of A next year. Interested students wanting to attend this event must sign up directly with Mr. Williams in the Guidance Office no later than Friday, March 18th.
- The Black Student Union will be meeting in Rm 314 after school every Wednesday until Spring Break! Come join us!
- The Little Rock Central High Dance Program announces its auditions for the 2022-2023 school year! Would you like to learn innovative choreography from one of the best collegiate hip hop programs in the Nation, Memphis Pom? Would you like to work towards winning the state championship after finishing as state runner ups in 2021? Do you have goals to make a college dance team? Would you like to go to the Universal Dance Association camp and learn creative choreography for half time shows? Would you like to compete at the 2023 National Dance Competition in Orlando Florida? If this is you, then you don't want to miss the opportunity to dance with one of the best school teams in this area. Mandatory Parent Meeting is MARCH 15TH at 6:30 in the Auditorium. Tryout dates are April 4th-8th. For more information, please contact Coach Mary Fleming (501.447.1635) at Mary.fleming@lrsd.org or Rosetter Dirden (501.447.1630) at Rosetter.Dirden@lrsd.org.
- The UAMS Healthcare Education Active Learning Experience for Regional Scholars (HEALERS) program returns this summer from June 13, 2022 – June 24, 2022. This program allows students to: Learn and ask questions about a variety of medical careers directly from a professional in that field. Learn how to administer first aid to accident victims to include bandaging, control of bleeding, splinting and spinal immobilization. Learn how to administer Basic Life Support (CPR). Demonstrate a better understanding of medical terminology. Demonstrate an increased awareness of teenage health-related issues, enabling each individual to make better-informed decisions based on scientific data. To gain experience in a clinical setting through active volunteering. Applicants must be Pulaski County residents entering their

junior or senior year of high school, and have proof of COVID Vaccination or apply for an exemption. Information and applications are located in the guidance office. Deadline – March 31, 2022.

- It is time to nominate young ladies for Girls State. This year girl state will be in person at Harding University in Searcy Arkansas from May 29- June 3, 2022. The cost is \$300. Arkansas Girls State is an immersive civics education program designed for young women who have completed their junior year of high school. Since 1942, the Arkansas Girls State program has been working to teach future generations of Arkansans citizens to be actively involved in their communities and government at every level. We are looking for juniors who have the following qualifications: LEADERSHIP, CHARACTER and HONESTY, SCHOLARSHIP, COOPERATIVENESS and COMMUNITY PARTICIPATION/SERVICE. Please email Deidra Brown or send any interested student to me for more information.

## Scholarships

- **Neriah Grand Chapter 1001 of the Order of the Eastern Star**, is pleased to announce our 2022 annual Armani Jones Memorial Scholarship for an African American graduating senior. The recipient will receive a scholarship in the amount of \$1000. Applications are located in the guidance office – deadline is May 1, 2022.
- **The American Indian Center of Arkansas** is pleased to offer the annual Ernest Whitelaw-Don Kinney Scholarship Award of \$500.00 again this year. Applications are located in the guidance office. Deadline is May 15, 2022.
- **The Rite Worshipful Brother of New Birth of Light Grand Lodge AF & AM and Sisters of New Birth of Light Grand Chapter OES** are offering scholarships in the amounts of \$250, \$500 and \$750. These scholarships are open to African American seniors who plan to attend a college or university after graduation. Applications are available in the guidance office. Deadline is April 1, 2022.
- **"Sister Friends United Faith" Traditional Scholarship** is for minority female high school seniors who will graduate in 2022 and plan to attend an accredited 4-year college in Arkansas. The scholarship award is a total of \$1000, distributed in two installments (\$500 for Fall 2022 and \$500 for Spring 2023). Applications are in the guidance office. Deadline is April 9, 2022
- **ATTENTION JUNIORS: AAPI (Arkansas Association of Physicians of Indian Origin)** is offering two scholarships to current Juniors. The scholarships are – Mahatma Gandhi Scholarship (\$1500) 3.5 GPA & above and Dr. A.P.J. Abdul Kalam Scholarship (\$500) 3.8 GPA & above. These scholarships are open to all juniors who meet the GPA requirements and other qualifications. Applications are located in the guidance office. Deadline is May 31, 2022.
- **The University of Arkansas – Fay Jones School of Architecture and Design** is offering Design Camps this summer. These camps offer the chance to learn about the design professions through hands-on projects, discussions, virtual tours and other activities led by architecture, landscape architecture and interior design faculty of the Fay Jones School. Students have the opportunity to work closely with faculty and collaborate with peers in a fun and creative virtual or studio environment as they explore the design process. This summer, two different weeklong camps will take place on the University of Arkansas campus in Fayetteville; campers also have the option to stay overnight in a campus residence hall. New this year, a two-week-long residential Advanced Camp will be held on the U of A campus for more experienced designers. For more information and application links – please email Ms. Langston : pam.langston@lrzd.org. Deadline to apply is May 20, 2022
- **Haskett Jacoway Scholarship** offers a \$5000 award to a Central High School senior who has shown dedication to volunteerism and school activities including athletics, fine arts and leadership roles while maintaining a minimum 3.5 GPA. Students will apply through the Arkansas Community Foundation web page. [www.arcf.org/apply/scholarship/](http://www.arcf.org/apply/scholarship/). Deadline is April 1, 2022.
- The following scholarships and applications can be found at [www.studentscholarships.org](http://www.studentscholarships.org)
  - NIADA Foundation Scholarship** - \$3,4500 Have a desire to work in the automotive industry.
  - Minority/Indigenous Nurse Leader Scholarship** - \$1000 Students interested in majoring in nursing. Deadline March 21
  - BMW Engineering Scholarship** - \$1500 Must rank in the 90th percentile in math and critical reading on the SAT and pursue a degree in engineering. Deadline March 21
  - Careers in Care Scholarship** - \$750 Must plan to a career in healthcare, social work, government, education or related field. Deadline April 18
  - American Culinary Federation Scholarship** - \$2500 Pursue a career in culinary, pastry or food service. Deadline April 30
  - Abbott Painters Scholarship** - \$500 Deadline April 30
  - Get a Spine Scholarship** - \$500 Deadline May 2

**Hospital Safety Awareness Scholarship** - \$1000 Deadline May 31

- **Seniors – the Arkansas Community foundation is offering scholarships specifically for Central students.** The following scholarships are available: James L. "Skip" Rutherford III, John McCollough Smith Athletic Scholarship, Haskett-Jacoway Scholarship, Overton Family Scholarship, Roosevelt L. Thompson Scholarship, Senator Dale Bumpers Scholarship and the Political Animals Scholarship. Application "step by step" instructions are located in the guidance office. Deadline April 1, 2022.
- **The Arkansas Association of Career and Technical Education Administrators** is offering two \$500 scholarships to graduating seniors who are planning to attend an Arkansas college/university, junior college or vocational/technical school. Applications are located in the guidance office. Deadline is April 1, 2022
- **The Look Back Give Back Foundation** offers a \$4000 scholarship to African American high school seniors from Arkansas. To apply students must have a 2.0 GPA, the passion and desire to attend an HBCU college/university, and face some financial or socio-economic hardships. To learn more and apply for the scholarship, go to [www.lookbackgivebackfoundation.com](http://www.lookbackgivebackfoundation.com). Deadline is March 31, 2022.
- **Cirkledin.com** is excited to share our new offering of a \$2,500 scholarship grant for your High School Students Grades 9 -12! This is a quarterly scholarship of \$2,500 that is super easy to apply with NO GPA requirements, NO minimum income requirements, and NO ESSAY TO WRITE. Students love this scholarship because it is so easy to apply! This new scholarship will run January 1<sup>st</sup> – March 31<sup>st</sup>, 2022. Students can apply for free at [www.cirkledin.com/scholarships](http://www.cirkledin.com/scholarships) .
- **ATTENTION JUNIORS - The Horatio Alger Scholarship Association** seeks to award a scholarship to students who have demonstrated integrity, perseverance in overcoming adversity, strength of character, financial need, a good academic record and a commitment to pursue a college education. To apply for this scholarship, go to [scholars.horatioalger.org](http://scholars.horatioalger.org). Deadline is March 15, 2022.
- **The Rotary Club of West Little Rock will award two \$2,000 scholarships** for the 2022-2023 school year. Scholarship recipients will receive \$1,000.00 each for the fall and spring semesters. The scholarship is renewable for a maximum of four years with satisfactory academic progress and proof of at least five hours of community service each semester. The total scholarship award is \$8,000. Recipients must apply for renewal each year. The Rotary Club of West Little Rock Scholarship application form and guidelines are available in the guidance office. Deadline is March 31, 2022.
- **Horace Mann Transitional Class of 1972** is pleased to announce the 2022 Edwin L. Hawkins, "I Challenge You" Scholarship. Their goal is to award up to \$50,000 targeting African American students who are enrolled in the Little Rock Public School District. Students must have a GPA of 2.5 or higher to apply. The scholarship application packet is located in the guidance office. The post marked application deadline is Friday, April 29, 2022.
- **The Cirkled In "No Sweat" Scholarship** is a \$2500 CASH scholarship you can use for any educational purpose, from books to summer camp. In just two steps, you're in! Apply by going to [www.cirkledin.com/scholarships](http://www.cirkledin.com/scholarships) and sign-up for a Cirkled In account and then complete your portfolio.
- **Arkansas Academic Challenge Scholarship** the Arkansas Academic Challenge Scholarship provides scholarships to Arkansas residents planning to attend a four year or two-year college or university. Funded in large part by the Arkansas Scholarship Lottery, the Arkansas Academic Challenge Scholarship is available to students regardless of their academic status. All students have to have is a 19 or above on the ACT. This scholarship has a total value of \$14,000 for a four-year college or university or \$4000 for a two-year college or trade school. To apply go to [www.scholarships.adhe.org](http://www.scholarships.adhe.org). Deadline is July 1, 2022.
- **Jiffy Lube Scholarship** – Jiffy Lube of Little Rock is offering a scholarship (1 overall \$2500 award, 1 Finalist \$1000 award) to all teen drivers in high school. The unique "What Drives You" scholarship program allows students to express their "inner drive" and personal ambitions with a simple 500 word essay. To apply go to [www.yourturn2apply.com](http://www.yourturn2apply.com).
- **Attention Seniors – [www.scholarshipguidance.com](http://www.scholarshipguidance.com)** is an excellent source of scholarships available to high school seniors. Each month they release information on multiple scholarships and the application links. Don't delay – apply today!
- **Annual Epic Flight Academy Aviation Scholarship Awards** - We invite high school juniors and seniors who are interested in flight training and aviation maintenance to apply for Epic Flight Academy's Aviation Scholarships. Located in new Smyrna Beach, FL we offer four \$65,000 scholarships. To apply, go to <https://epicflightacademy.com/aviation-scholarship/>

## Virtual College Visits

Date	Time	Block	College/University	Location
3/28/22	9:00	B1	SOUTHERN ARKANSAS UNIVERSITY TECH Camden, Arkansas	Guidance Office Conference Rm
3/28/22	1:00	B3	LEMOYNE-OWEN COLLEGE Memphis, Tennessee	Guidance Office Conference Rm
3/28/22	2:30	B4	LEMOYNE-OWEN COLLEGE Memphis, Tennessee	Guidance Office Conference Rm
3/29/22	9:00	A1	DELTA STATE UNIVERSITY Cleveland, Mississippi	Guidance Office Conference Rm
3/29/22	1:00	A3	DELTA STATE UNIVERSITY Cleveland, Mississippi	Guidance Office Conference Rm
3/29/22	2:30	A4	DELTA STATE UNIVERSITY Cleveland, Mississippi	Guidance Office Conference Rm
3/30/22	9:00	B1	CENTENARY COLLEGE OF LOUISIANA Shreveport, Louisiana	Guidance Office Conference Rm
3/30/22	1:00	B3	ARKANSAS STATE UNIVERSITY BEEBE Beebe, Arkansas	Guidance Office Conference Rm
3/30/22	2:30	B4	UNIVERSITY OF ARKANSAS AT LITTLE ROCK Little Rock, Arkansas	Guidance Office Conference Rm
3/31/22	9:00	A1	UNIVERSITY OF ARKANSAS AT PINE BLUFF Pine Bluff, Arkansas	Guidance Office Conference Rm
3/31/22	1:00	A3	UNIVERSITY OF MISSOURI Columbia, Missouri	Guidance Office Conference Rm
3/31/22	2:30	A4	LYON COLLEGE Batesville, Arkansas	Guidance Office Conference Rm
4/1/22	9:00	B1	SAINT LOUIS UNIVERSITY Saint Louis, Missouri	Guidance Office Conference Rm
4/1/22	2:30	B4	INDIANA UNIVERSITY BLOOMINGTON Bloomington, Indiana	Guidance Office Conference Rm
4/4/22	9:00	A1	UNITED STATES MARINES	Guidance Office Conference Rm
4/4/22	1:00	A3	UNIVERSITY OF CENTRAL ARKANSAS Conway, Arkansas	Guidance Office Conference Rm
4/4/22	2:30	A4	UNIVERSITY OF CENTRAL ARKANSAS Conway, Arkansas	Guidance Office Conference Rm
4/5/22	9:00	B1	SOUTHERN ARKANSAS UNIVERSITY Magnolia, Arkansas	Guidance Office Conference Rm
4/5/22	1:00	B3	LINCOLN TECH Nashville, Tennessee	Guidance Office Conference Rm
4/5/22	2:30	B4	ARKANSAS STATE UNIVERSITY Jonesboro, Arkansas	Guidance Office Conference Rm
4/6/22	9:00	A1	UNIVERSITY OF ARKANSAS AT FORT SMITH Fort Smith, Arkansas	Guidance Office Conference Rm
4/6/22	1:00	A3	UNIVERSITY OF ARKANSAS AT FORT SMITH Fort Smith, Arkansas	Guidance Office Conference Rm
4/6/22	2:30	A4	UNIVERSITY OF ARKANSAS AT FORT SMITH Fort Smith, Arkansas	Guidance Office Conference Rm
4/7/22	9:00	B1	CREATIVE INSTITUTE OF CENTRAL ARKANSAS Conway, Arkansas	Guidance Office Conference Rm
4/7/22	1:00	B3	CREATIVE INSTITUTE OF CENTRAL ARKANSAS Conway, Arkansas	Guidance Office Conference Rm

4/7/22	2:30	B4	CREATIVE INSTITUTE OF CENTRAL ARKANSAS Conway, Arkansas	Guidance Office Conference Rm
4/11/22	9:00	B1	AIR NATIONAL GUARD Jacksonville, Arkansas	Guidance Office Conference Rm
4/11/22	1:00	B3	UNITED STATES NAVY Little Rock, Arkansas	Guidance Office Conference Rm
4/13/22	1:00	B3	UNIVERSITY OF CENTRAL ARKANSAS Conway, Arkansas	Guidance Office Conference Rm
4/13/22	2:30	B4	UNIVERSITY OF CENTRAL ARKANSAS Conway, Arkansas	Guidance Office Conference Rm
4/14/22	9:00	A1	SOUTEAST MISSOURI STATE UNIVERSITY Cape Girardeau, Missouri	Guidance Office Conference Rm